

Advanced Primary Care

<p>Candidate Who can be referred?</p>	<p>Adults 18+ and Clinical criteria:</p> <ul style="list-style-type: none"> • Mortality index score of 40% or more • 3 or more ED visits or 2 or more hospital admissions in 12 months • SDOH risk factors • Two or more chronic, life-limiting conditions <p>Must have eligible payer</p>
<p>Work-up What is required?</p>	<p>Must have one of the following payers:</p> <ul style="list-style-type: none"> • CMS Medicare Shared Savings Program, Embright HCA PEBB, Embright HCA SEBB, First Choice Employee Health PSR, First Choice Employee Health INW, Humana Medicare HMO, Humana Medicare PPO, University of Washington ACN Boeing, UHC MA Rockwood ACO • Payers updated regularly, so ask clinic for updated information if payer not found <p>Referring provider to send up-to-date reconciled medication list with patient or referral Physicians outside of MultiCare Health System</p> <ul style="list-style-type: none"> • Referral with detailed reason for being referred - i.e diagnosis, symptom, specific request(s), and/or helpful context with questions answered below <ul style="list-style-type: none"> ○ Two or more chronic, life-limiting conditions (defined by HCC's)? ○ Has the patient had 3 or more ED visits or 2 or more hospital admissions in the last 12 months? ○ Does the patient have SDOH risk factors such as food insecurity, unhoused, transportation needs, caregiver needs?
<p>Location Where will the patient be seen?</p>	<p>MultiCare Advanced Primary Care – Spokane Valley 15533 E. Broadway Ave. Spokane Valley, WA Phone: 509-530-4260; Fax: 509-530-4261 Hours: Monday-Friday, 9am-5pm</p>
<p>Services What clinical services and procedures are offered?</p>	<ul style="list-style-type: none"> • 6-12 visits per year, depending on needs • Same-day and next-day appointments • Virtual and home visits as needed • 24/7 access coordinated by RN during normal business hours and by nurse triage team after hours: on-call physician/APP available after hours • Care navigators to guide patients to outside services • Integrated behavioral health and social workers • On-site lab draws • Convenient access to pharmacy delivery
<p>Collaboration How will we coordinate care for the patient?</p>	<p>Our team uses the Epic electronic health record (EHR).</p> <ul style="list-style-type: none"> • For physicians and professional providers using Epic, you'll be copied on all notes related to the patient. • For physicians and professional providers outside of Epic, notes will be faxed to you. <p>Questions regarding coordinating patient care? Call us at 509-530-4261</p>
<p>Referral How do we refer?</p>	<p>Epic users referrals, please send to MC APC SPOKANE VALLEY Outside referrals, fax to 509-530-4261</p>

Meet our team

Our dedicated team ensures you receive personalized care for managing multiple chronic conditions. With longer appointment times, our providers focus on understanding your unique health needs, while our care navigators connect you with additional support services for effective management of your complex health needs.



Michelle Signs, DO

Michelle Signs, DO, is a board-certified Internal Medicine Physician with a focus on advanced primary care. Dr. Signs specializes in managing complex adult patients with multiple disease processes and medications, and is dedicated to preventive medicine, and assisting patients with annual health maintenance goals such as cancer screenings and cardiovascular risk reduction. Outside of medicine, Dr. Signs is a proud member of the United States Army Reserve and finds joy in outdoor activities like kayaking and swimming, reflecting her holistic approach to life and patient care, emphasizing overall well-being.
