

Rheumatology

<p>Candidate Who can be referred?</p>	<ul style="list-style-type: none"> • Adults ages 18+ • Confirmed or highly suspected rheumatologic condition. • Conditions not evaluated are unspecified pain, swelling, chronic fatigue, fibromyalgia, multiple joint pain, osteoarthritis, myalgia, arthralgia, DJD, non-inflammatory back pain, hypermobility syndromes, and osteoporosis.
<p>Work-up What is required?</p>	<p>Chart notes supporting a specific rheumatologic condition, current (within six months) lab work up required</p> <p>Known psoriasis with concern for psoriatic arthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Refractory gout (gout that has not responded to urate lowering therapy or with severe, tophaceous disease)</p> <ul style="list-style-type: none"> ○ Please include prior medication trials, doses in consult request ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Serum uric acid ○ Comprehensive metabolic panel ○ CBC with differential <p>Small joint arthritis (hands and feet). Example diagnoses: RA, Sjogrens, psoriatic arthritis, lupus</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Rheumatoid factor RF ○ Anti-cyclic citrullinated peptide (CCP or ACPA) ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Large joint arthritis (eg knees, hips, shoulders) Example diagnoses: RA, PMR, gout, pseudogout, psoriatic arthritis, other spondyloarthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Rheumatoid factor RF ○ Anti-cyclic citrullinated peptide (CCP or ACPA) ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ Uric acid <p>Inflammatory back pain (worse with rest, improves with activity, typically in patient <50 years old) Example diagnoses: Ankylosing spondylitis, Inflammatory bowel disease related</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ HLA-B27

	<p>Rash/skin changes plus arthritis or other systemic features -- if rash only, please discontinue and place dermatology consult).</p> <p>Example diagnoses: Lupus, Sjogrens, MCTD, scleroderma, psoriatic arthritis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ ANA by IFA with profile <p>Inflammatory muscle disease (muscle weakness with or without rash)</p> <p>Example diagnoses: Dermatomyositis, polymyositis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Creatine phosphokinase (CPK) ○ Aldolase ○ AST ○ ALT ○ Lactate dehydrogenase ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) <p>Constitutional symptoms or multi-organ dysfunction concerning for Vasculitis</p> <p>Example diagnoses: Giant cell/Temporal arteritis, ANCA associated vasculitis, IgA vasculitis</p> <ul style="list-style-type: none"> ○ Required labs/evaluation: <ul style="list-style-type: none"> ○ Erythrocyte sedimentation rate (ESR) ○ C-reactive protein (CRP) ○ ANCA antibodies (p-ANCA, c-ANCA, MPO, PR3) ○ ANA by IFA with profile
<p>Location Where will the patient be seen?</p>	<p>MultiCare Yakima Memorial Lakeview 1470 N. 16th Ave. Yakima, WA 98902 Phone: 509-574-6000 Fax: 509-225-2714</p>
<p>Services What clinical services and procedures are offered?</p>	<p>Focus on diagnosis and treatment of the following autoimmune diseases:</p> <ul style="list-style-type: none"> • Gout • Rheumatoid Arthritis • Psoriatic Arthritis • Polymyalgia Rheumatica • Ankylosing Spondylitis • Systemic Lupus • Giant Cell (Temporal) Arthritis • Sjogren's Syndrome • Scleroderma • Mixed connective tissue disease • Vasculitis • Giant Cell (Temporal)Arteritis • ANCA associated Granulomatosis with polyangiitis • Microscopic polyangiitis • Polyarteritis nodosa • Takayasu Arteritis • Inflammatory Myositis • Relapsing Polychondritis
<p>Care Communication</p>	<p>We can provide notes in eCW, faxed, or direct physician to physician phone calls. Our team uses eCW (EClinicalWorks) and is anticipating transition to the Epic electronic health record (EHR) in early 2024.</p>

Referral

How do we refer?

For Urgent and STAT referrals, please contact Lakeview directly at 509-574-6000. Referrals can be faxed to 509-225-2714.

Meet our specialists



De-Ann Rose Williams, MD

Lakeview Rheumatology

Board certification: Internal Medicine and Rheumatology

Education: Internal Medicine residency at State University of New York Health Sciences Center (SUNY), Brooklyn and fellowship at University of Massachusetts Medical School

Clinical interests: Systemic lupus erythematosus, Rheumatoid arthritis, psoriatic arthritis, and gout



Sarah Dill, MD

Lakeview Rheumatology

Board certification: Internal Medicine and Rheumatology

Education: Medical school at University of Washington Medical School, Internal Medicine training at University of Colorado, and fellowship training at the University of Colorado

Special interests: Rheumatoid & Psoriatic arthritis, inflammatory muscle disease, vasculitis



Timothy Rinden, DO

Lakeview Rheumatology

Board certification: Internal Medicine with fellowship training in Rheumatology

Education: Medical School at Pacific Northwest University of Health Sciences, Internal Medicine Residency at Hennepin Healthcare, and fellowship at University of Minnesota

Special interests: Crystalline arthropathies, Rheumatoid arthritis, myositis