

## CLEAN CATCH URINE SPECIMEN COLLECTION INSTRUCTIONS

1. Wash and dry hands.
2. Make sure cup is labeled with your name and date of birth.
3. Unscrew lid of sterile collection cup, taking care not to touch inside of cup.
4. Cleanse urinary site as follows:



Cup must be labeled with the **PATIENT'S FULL NAME** and **DOB** to be resulted

### FEMALE

1. Separate labia and using an antiseptic towelette, wash from front to back.
2. Keeping the labia separated, begin urinating.



### MALE

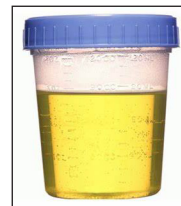
Pull back foreskin and cleanse head of penis with an antiseptic towelette.

5. Void a small amount of urine into toilet.
6. Now collect a portion of the urine in the collection cup. (1/4 to 3/4 full)



DO NOT TOUCH  
INSIDE OF CUP

7. Place the lid on the collection cup and tighten.
8. Wash and dry hands.



Urine specimen collection containers can come in many colors: blue, green, yellow and white are very common.

Please, place urine in laboratory specimen collection window, if available.



reviewed: 1/20/2022